

E-BULLETIN

JANUARY - 24 E-BULLETIN

**Rotary Club of
Bombay SeaFace**



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PRESIDENT SPEAKS

01

My dear family of SeaFacers

In the December bulletin, I had spoken on what is the ABCD of life; the three most vital prerequisites to progress in any field and rotary is nothing different. This month I will share with you the concept of the ultimate test.

Bad times are to teach us but good times are always to test us that we keep our morals. The ultimate test is to give us fame and fortune. We are tested to see whether we retain our morals or do we get intoxicated with power.

If we get intoxicated with fame and fortune then we feel that we do not have to be modest and decent; that we can break our morals, that we can become inconsiderate and uncaring.

But we can also lose a sense of peace. We feel a hypocrisy within us that has to be maintained at a great cost. We can say we have passed the test of wealth and fame when we remained the same way before we attained fame and fortune. We did not become arrogant and selfish, we retained our faith and spiritual foundation. We maintained our physical and mental self discipline, We were decent and modest...also cared, shared and were fair. We used our wealth and fame to help others and to spread nobility and morality.

This is exactly our Rotary Mission: to provide service to others, promote integrity, and advance world understanding, goodwill and peace through our fellowship of business, professional and community leaders.

We have completed more than half of the Incredible year. The first six months were happening months, many festive fellowships, great bouquet of speakers, good projects and the most important was great participation and involvement in projects in Mumbai and Palghar. Lets us continue with the same energy and enthusiasm. Normally, the energy tapers after Official Club Visit which is just two weeks away, but we should not forget we are SeaFacers; being consistent throughout is in our DNA... so friends, let us keep the tempo up and go on...

JANUARY EDITORIAL

Hello friends

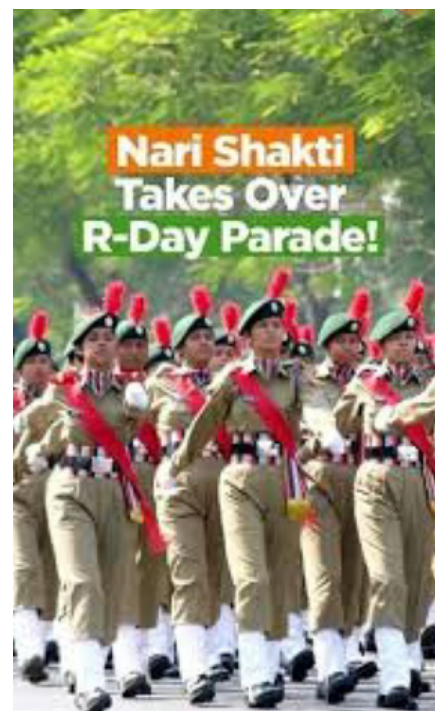
I trust that the onset of this new year has augured fine for all of you. Well into end of its first month and peering back, surely it's been a festive January in more ways than one.

January 15: Here starts the festivals of 2024 with Makar Sankranti...this day is considered as the transition day of Sun, moving northward, into the house of Capricorn. Since the sun enters upwards in the north direction, in Maharashtra it is believed that wearing black absorbs the heat within the body. People can protect themselves from the cold coming in and celebrate the festival feeling warm and happy. Also, it is celebrated by exchanging "Tilgul" a candy coated with sesame seeds. Sesame or til which holds special significance during Makar Sankranti is revered as the grain par excellence and is both eaten and given away.



Ultra exciting was the Republic Day Parade where it was all about Nari Shakti ka naara - from Ladakh to Telangana to Madhya Pradesh and more, the Republic Day Parade tableaux were all about women.

Ultra exciting was the Republic Day Parade where it was all about Nari Shakti ka naara - from Ladakh to Telangana to Madhya Pradesh and more, the Republic Day Parade tableaux were all about women.



It was the first time that an all-women tri-service contingent marched down Kartavya Path. Women pilots also enthralled the audience during the fly past, representing 'Nari Shakti', or 'women power'. The contingents of the Central Armed Police Forces (CAPF) also consisted of only women personnel.

Friends, my Editorial is skewed as a Women's Special. We are seeing the first ever woman Director General of Maharashtra Police in Ms. Rashmi Shukla. Sitting Supreme Court Judge, Ms. B V Nagarathna is set to become India's first lady Chief Justice in the year 2027. Ms. Nigar Shaji is a scientist at the UR Rao Satellite Centre, part of ISRO, in Bengaluru and is the project director for India's first space-based solar observatory. The glass ceiling for the woman of India is broken...literally, even the sky is not the limit.

The heart swells with pride... agree?

- PP Rtn. Ramola Mahajani

RTN. BHARAT MERCHANT'S CORNER

04

Dear Rotarians,

Welcome back !!!

Let us discuss about the concept of Vocational Service which forms an integral part of all individuals especially Rotarians.

Let us call on our Rotarians to encourage and foster high ethical standards in their businesses and professions. Let us recognize the worthiness of all useful occupations by dignifying each Rotarian's occupation as an opportunity to serve the society.

How can we do it ?

1. Talk about your profession and business in your club and learn about fellow members profession by organising special meetings or discuss the same in informal fellowship meetings.
2. Use your skills and expertise to serve the community.
3. Practice your profession and business with integrity and inspire others to behave ethically through words and actions.
4. Help youngsters to achieve their career goals.
5. Guide and encourage others in their professions and professional development.
6. Deal fairly with others and treat them and their occupation with respect.
7. Help people and the community to improve the quality of life.

ROTARY emphasizes integrity and high ethical standards in all walks of life. The FOUR WAY TEST and ROTARY CODE OF CONDUCT provides the best road map of high ethical behaviour in the workplace and other areas of life.

WHAT IS A VIBRANT ROTARY CLUB ?

A vibrant ROTARY CLUB reflects the businesses, organisations and professions in its community, embracing diversity in experience and perspectives.

Rotarians have a dual responsibility to represent their occupation within their clubs and to exemplify the ideals of ROTARY in their places of work.

We should educate the current and new members to the lofty ideals of ROTARY and be a responsible citizen. There are a number of ways that can be done... some of the ways are as under :

- a) We can host an event for business networking and professional development in our community.
- b) We can provide training in different vocations in our community and society and discuss issues and ideas related to advancing their careers.
- c) We can organise a career guidance workshop/ seminar for our own INTERACTORS AND ROTARACTORS and help them to pursue their dreams and mould them into responsible citizens.

Last, but not the least, our flagship project of annually honouring and recognising well-known, deserving individuals from different walks of life. This opens the doors for our members to know the unique members of the society who have gone out of their call of duty to serve the nation, community and the people of the country.

Till date, we have covered all the avenues of service viz.

- 1.Club Service
- 2.Community Service
- 3.International service
- 4.Vocational service

I hope you must have found it useful

Now wait for the next issue.

Some exciting new stuff awaits you from this column.... Truly unique... don't miss....

Ciao,

STORY OF EKADASHI

06

Ekadashi is a Vrat which started many years ago. Once Lord Narayan was resting and a demon call Mundanav challenged the Lord for a fight. Mundanav had a boon that he could not be defeated by a man. So Lord Narayan produced a damsel from eleven spiritual parts of his body.

Ekadashi was the name given to this Goddess who was one of the creations of Lord Vishnu. According to the tale, the demon was defeated by Ekadashi.

Getting pleased with her act of killing the demon, Lord Vishnu endowed her that if a person will observe the fast of Ekadashi then he will be able to free himself from all the sins and impurities of the mind and will surely get moksha which is considered by people as one of the Ekadashi fast benefits.



- PP Rtn. Ramola Mahajani

INHERITANCE OF THE WEALTHY RICH...!!!

07

Dear Rotarians,

I am going to tell you a story which maybe interesting for some of you... do let me know if you like it... it is based on real life experiences and names/identities have been modified appropriately... but some big learnings... here it goes...

- PP Rtn. Tejal Gandhi

Here is a tale of a quiet, dependent & a happy homemaker who turned into a strong independent woman when her life turned upside down...

About 20 years ago, Kavita was married to the man of her dreams... Ashwin... A perfect gentleman with a high paying job & a lavish house in Baroda. Aswhin belonged to one of the wealthy rich families of Baroda. They were literally living their Life King size!

Kavita & Aswhin were happily married & were blessed with two beautiful daughters - Purna (18) & Arohi (15). Kavita was indeed living a fairytale. Alas! The black day crushed her life completely... Aswhin passed away a couple of years ago due to a sudden heart attack. Kavita was completely shattered due to Aswhin's demise.

To top it off, Kavita's in-laws targeted her for their son's loss. Kavita absolutely had no idea about their family's finances or about the inheritance Aswhin had left for her & their daughters!

Her family members made her sign papers which resulted in her giving away her share of the inheritance.

Unfortunately, it was too late till she realised what she had done as she was not prepared for the amount of emotional stress, complexities in the family & most importantly the burden of Financial Management. This resulted in physical and financial assets being given away because of her ignorance about Financial matters.

There are a vast number of conflicts emotions that can overwhelm in a situation like this. She was flourished with unsolicited advice about Financial Planning tips from friends & family, lot many potential investment opportunities & so on!

She had Wealth on Paper...but there was a liquidity crunch!

Her father-in-law took charge of her Finances assuming that Kavita won't interfere in between as she had no knowledge about these things!

After 6 months of manipulation & underestimation, Kavita emerged as a strong woman who took toll of her life. She refused being dependent on her father-in-law. She studied & analysed her Finances, made thoughtful decisions about what is right for her & her daughters' future.

What should one do if this unfortunate event strikes...??? Well, there is no definitive way to address these issues because every individual, every family & every situation is different! But here are a few tips...

1. Take some time off & think about the whole situation

Resist the temptation to use all the Wealth in one go! Avoid impulsive purchases & investments decisions by barely listening to someone. Take your time, organize everything. The Investment decisions taken in haste are taken on emotional level without giving a second thought. During this initial period, it is probably best to be relatively quiet about your Wealth to avoid making any sort of Financial Commitments to Family & Friends!

2. Think about your potential lifestyle changes

The loss of a family's bread earner will automatically affect one's lifestyle. In Kavita's case, she had 2 growing daughters. Kavita had to pay for their higher education, save for their marriages & secure her life after. Kavita had to make arrangements for timely payment of her daughter's education fees at periodic intervals.

3. Choose your Team of Professionals wisely

In such cases, one needs to find the right mix of legal, tax, estate & financial advisors on point. The Financial Tax & Legal Implications are quite complex in the cases of inheritance.

4. Plan for the Future

One day, you need to convert your inheritance into your lifelong sustained Wealth. You need to get a clear understanding of your Goals that you would like to accomplish with this Wealth.

All in all, don't get influenced by social media and family who show they care but they don't have your best interest at heart.

Keep ears and eyes open...

WHAT IS THE THEORY OF MEHANDI?

09



It is theorized that dots of henna were first applied to the palms of the hands as a means of cooling down the body. Early users of henna began to add lines and other shapes to the single dot on the palm, eventually developing the elaborate designs used today.

History of Mehendi

Henna is a shrub that grows in the tropical climates of Africa, northern Australia and southern Asia, and finds a mention in many ancient texts. In the Bible, this herb is referred to as camphire. Mehendi is derived from the Sanskrit word *mendhikā*, while henna owes its origin to the Arabic name for *Lawsonia inermis*, Hina. The leaves of the henna plant contain a red-orange molecule, *lawsone*, which has the ability to temporarily stain the skin, hair and nails.

Traditionally, the mehendi night is meant to be organised before the wedding day to keep the bride's stress level under control. Its application over the endings on palms and feet relieve anxiety.

Henna has reportedly been used for body art for at least 5,000 years and has a long history of migration and cultural interaction. Some scholars claim that the earliest documentation of henna uses is found in ancient Indian texts and images, indicating that mehendi as an art form may have originated in ancient India. Others claim that the practice of decorating the body with henna was brought to India by the Mughals in the twelfth century, centuries after it had been in use in the Middle East and North Africa. But according to New-York based mehendi artist Sharmin Samantha, the earliest signs of henna application appear in Egyptian mummies, whose hair and nails were stained with the reddish-brown tones of henna.

India is definitely credited for popularising it as a bridal art form with its intricate designs through its diaspora.

- PP Rtn. Ramola Mahajani

HERE'S MY JANUARY TEASER

10

Guess the correct word: each line of the puzzle in quotes (") below, represents a letter from the alphabet.

"THREE FOURTHS OF A CROSS

A CIRCLE COMPLETE

TWO SEMI CIRCLES UPRIGHT MEET

AN ISOSCELES TRIANGLE STANDING ON ITS FEET

TWO SEMI CIRCLES

A CIRCLE COMPLETE"

Please WhatsApp your quick responses to me on +91 9821081382. The first three correct answers will be well recognised 🎁.

- PP Rtn. Ramola Mahajani

JANUARY REFLECTIONS

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08th January 2024

VANITA VISHRAM women's university had a convocation ceremony on 8th January 2024 for its graduating women. Good news is that there were 11 gold medalists. You are aware that Rtn. Deepak Khambati and PDG Rtn. Nitin Mangaldas are President and Secretary respectively.



09th January 2024

Rtn. Tejal Gandhi had a very interesting workshop on 'Practicing Money Habits' for children of Modern School on 9th January. The key deliverables were

- Understanding basic banking
- Understanding difference between savings and investment
- Understanding the difference between needs and wants
- Exploring the smart way of multiplying money



SPEAKER MEETING

13th January 2024

We had Dr. Sanjay Borude and Dr. Rahul Borude talk on prevention and management of Obesity. During this meeting, Meyer Vitabiotics had a mini medical camp which allowed members to check their Body Mass Index and measure bone density. President Rtn. Uday Kulkarni himself introduced the speaker Dr. Sanjay Borude, as they are childhood friends and he has seen Dr. Rahul Borude growing up. A vote of thanks was given by Rtn. Dr. Rajesh Sheth.



We also inducted four members on this day:

- Dr. Kunjal Bhatija
- Dr. Prema Kania
- Ms Preeti Gada
- Ms Jagruti Thakkar



Good part of this meeting, inspite of traffic jam due to the Air Show, was a healthy attendance.

JANUARY REFLECTIONS

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ANNAPURNA FOR JANUARY

We had Annapurna in Vashi organised by Rtn. Rajen Desai, KEM hospital by Rtn. Dina Shah, Rtn. Shrikunj Shah & Rtn. Kirti Parikh, Chandaramji Annapurna was sponsored by Rtn. Dr. Meena Kothari and at KEM it was sponsored by President Rtn. Uday Kulkarni in name of his mother .



FELLOWSHIP

Some moments in life are incomparable.

All fellowships in SeaFace are great.

14th January fellowship carried magical moments of time spent by SeaFacers, enjoying the hospitality of Leena and Vipul Modi at their Amby valley Mansion. It was a most enjoyable event, meticulously planned by the Fellowship Queen KK, supported by her team.

हम सभी SeaFacers की तरफ से, लीनाजी और विपूलजी को कोटी कोटी प्रणाम.



INFORMAL FELLOWSHIP

On 22nd January there was an informal fellowship sponsored by Rtn. Dr. Kulin Kothari at Tejpal Auditorium to celebrate the Ramotsav.



FEBRUARY BIRTHDAYS

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06th - Jitendra Mehta



11th - Bhuvan Ajmera



12th - Dilip Gandhi



13th - Rupa Desai



15th - Hemant Koradia



**16th - Shravan
Chemburkar**

FEBRUARY BIRTHDAYS

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18th - Paresh Vora



20th - Bhavna Popat



27th - Leena Shah



27th - Alka Vora

FEBRUARY ANNIVERSARIES

17



01st - Jigna & Mukesh



03rd - Milan & Kunjan



07th - Uday & Seema



14th - Harsha & Pankaj



14th - Jitendra & Surangi

FEBRUARY ANNIVERSARIES

18



18th - Heeru & Jayashri



20th - Nitin & Raksha



22nd - Kirti & Harsha



27th - Hetal & Mitesh



28th - Bharat & Jyoti



"As we conclude this bulletin, let's remember that our collective efforts make a difference. Each day is an opportunity to inspire, innovate, and achieve greatness. Together, we can overcome challenges and reach new heights. Wishing you all success and positivity until our next update. Stay focused, stay positive, and let's make every moment count!"



Haji Ali Government Colony, Mumbai - 400 034



+91 98198 70963



udaykulkarni16@gmail.com

